



# Eaglehawk Primary School

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[Eaglehawk Primary School](#)

[www.eaglehawkps.vic.edu.au](http://www.eaglehawkps.vic.edu.au)

We acknowledge the Dja Dja Wurrung people who are the Traditional Custodians of this land.  
We pay respect to the Elders both past and present of the Kulin Nation  
and extend that respect to other Aboriginal people.



## NEWSLETTER

Eaglehawk Primary School is committed to the safety and wellbeing of children and young people.

### 17th March, 2023

#### 2023 Calendar

2023 Calendar	
Saturday 18 <sup>th</sup> March	Dahlia & Arts 50 <sup>th</sup> anniversary (theme – GOLD)
Monday 20 <sup>th</sup> March	Grades 3-4 Kung Fu and Grades 4-5-6 Chinese Dragon dance 2pm School Council AGM and meeting
March 17 <sup>th</sup> -27 <sup>th</sup>	Naplan grades 3 & 5
Friday 24 <sup>th</sup> March	Grades 3-6 soccer clinics 8.45-12.15 Harmony Day celebration (cultural clothing /wear orange) 1.45-3pm
Friday 31 <sup>st</sup> March	2.40pm assembly (preps to lead)
Tuesday 4 <sup>th</sup> April	Raffle tickets due back at school Raffle drawn
Thursday 6 <sup>th</sup> April	Whole School Cross Country – Lake Tom Thumb 1.15pm end of term 1
Friday 7 <sup>th</sup> April	Good Friday/School Holidays
<b>Term 2</b>	
Monday 24 <sup>th</sup> April	First day of term 2
Tuesday 25 <sup>th</sup> April	ANZAC Day public holiday – no school
Wednesday 26 <sup>th</sup> April	Grades prep-2 Teddy Bear Hospital visit 11am -1pm (bring a teddy)
Monday 8 <sup>th</sup> May	Pupil free Day – Math learning
Friday 12 <sup>th</sup> May	Mother's Day stall
Thursday 18 <sup>th</sup> May	Whole school Photo day

"Together we grow and learn"

## 2023 Term dates

Term 1 - Monday January 30<sup>th</sup> – Thursday April 6<sup>th</sup>

Term 2 - April 24<sup>th</sup> – June 23<sup>rd</sup>

Term 3 - July 10<sup>th</sup> – September 15<sup>th</sup>

Term 4 - October 2<sup>nd</sup> – December 20<sup>th</sup>

## School Council

Our next school council and AGM will be next Monday 20<sup>th</sup> March. We still have one vacant spot so if you are interested, please contact the office.

## Chinese Incursions 3-6

Next Monday Ivy has organised for the grade 3-6 classes to participate in Kungfu and Chinese Dragon dance workshops.

## Dahlia and Arts – Saturday 18<sup>th</sup> March

The Eaglehawk dahlia and arts festival is this Saturday. Good luck to our relay runners and thanks to all students who are coming along to celebrate.

## Easter Raffle & Donations

**We are still collecting donations for the raffle.**

**Raffle books have gone home . More tickets are available from the office. Please** sell both sides of the raffle tickets. Tickets are \$1 each or 6 for \$5 so each book is worth \$10-\$12

Each year as part of our fundraising we run an Easter raffle. We are kindly seeking donations (eggs, blocks of chocolate, picture books, coloring books, textas, craft items, soft toys etc), to assist us to create some amazing prizes. **Donations can be given at the gate or left at the office.**

## Harmony Day/Week

Harmony Day is celebrated each year in March. The theme for 2023 is 'Living in Harmony'.

Harmony Week is the celebration that recognises our diversity and brings together Australians from all different backgrounds.

It's about inclusiveness, respect and a sense of belonging for everyone.

**Eaglehawk Primary will celebrate Harmony Day on Friday 24<sup>th</sup> March.** *Students can either dress up to represent a culture or wear orange.*

Orange is the colour chosen to represent Harmony Week.

Traditionally, **orange signifies social communication and meaningful conversations.** It also relates to the freedom of ideas and encouragement of mutual respect.

Each team (prep, 1/2, 3/4, and 4/5/6) will choose a country, and in the afternoon, classes will visit different rooms to learn about the country. (Children can dress up in any culture or orange) .

Some classrooms will be having foods from the country they are exploring. If your child is unable to participate with this part please email your classroom teacher.



## 25 nights of Reading

Congratulations to the following students on their achievement

- Shae B
- Noah T
- Timmy M
- Hunter S
- Alyssa W
- Chris T



## HARMONY DAY GRADE 1/2 ACTIVITY – INDIAN FOOD

Next Friday 24/03/23 from 1:45 pm

students in Prep-6 will be

visiting different classrooms and learning about different countries and cultures. In the grade 1/2 classrooms we will be sharing

information all about India. As part of the learning, there will be

traditional Indian food for students to taste. If your child has any food

allergies or intolerances, or if you would not like your child to

participate in the food tasting, please email your classroom teacher. – Thanks! 1/2 Team, Ellie and Amber



### Eaglehawk Primary School Attendance

#### Week 7 of Term 1

**87% total** school wide attendance!!!

The class with the best attendance was  
**Prep Monique and Sophie with 95%!!!!!!!!!!!!**



Class	Whole class attendance %	H.E.R.O Letters received	H.E.R.O awards
Prep- Monique/Sophie	95%	H.E	1
Grade 1/2 - Amber	87%		1
Grade 1/2 - Ellie	87%	H.E	
Grade 3/4 - Jess	91%	H.E.R	
Grade 3/4 - Stace	89%		1
Grade 4/5 - Tayla	78%	H	1
Grade 5/6 - Nick	87%		1

If you have any concerns around attendance please see Mr Barri

**Thank you**



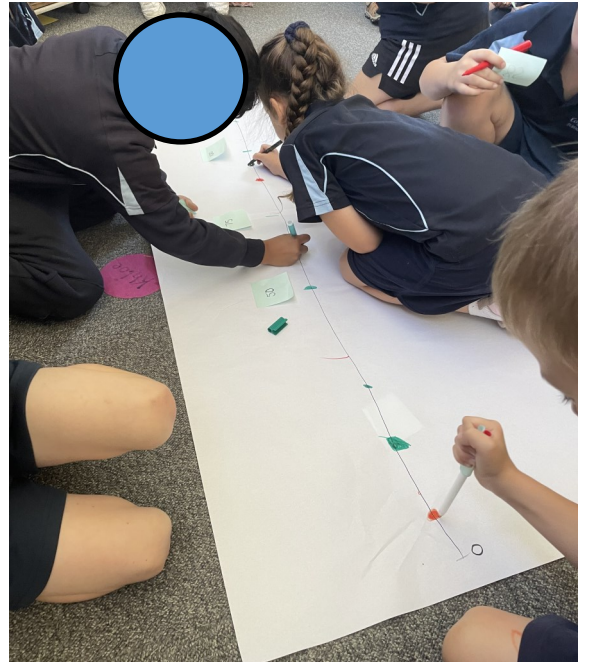
# From The Classroom

## Prep with Monique and Sophie

In Prep this week we have had to refill the prize box with lots of goodies. So many students are following the expectations and earning their ten frames, which is wonderful! We have been working on reading and writing the words 'like' and 'in'. In reading, students have learnt to solve words by looking at the picture, checking the starting letter of the unknown word and getting their mouth ready. In Maths, students have been practising counting forwards and backwards from numbers other than 0. Students have also been practising writing their numbers and showing 14, 15, 16 and 17 with different materials. During School Wide Positive Behaviour Support lessons students have learnt about Bullying and how to be an Upstander, they have demonstrated their knowledge by acting out the Upstander High 5 (Stop, say the behaviour you want to stop, walk away, tell the teacher, are you ok?). So that's it from the Prep room, more learning and fun to be had next week!

## Grade 1/2 with Amber and Ellie

We are already at the end of another busy week in the 1/2 area! During our daily reading lessons, we have been learning how to break words based on the letter blends that we know! This week we focussed on 'ou' letter blend and learnt about the letter 'a' making the 'o' sound in words like was and watch. We practiced the skill of thinking beyond the text about a character's feelings, and started thinking about critiquing a text by saying what it was that made a story fun to read! We have been using our Plot Mountains to help us to plan out our narratives this week. We have been writing about an adventure in space and thinking about our word choices to make our writing interesting to read. In maths, we have been consolidating our knowledge of half and the representation of numbers on a scaled number line.

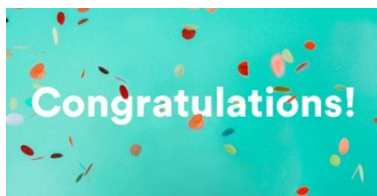


## Grade 3/4 Stacey and Jess

Reading, Writing and Maths

This week in the grade 3/4s the grade 3's have been super busy with NAPLAN. They all did an amazing writing great stories and using the computers to access their tests. Congratulations on all your hard work.

The grade 4's enjoyed all being together sharing their writing and learning about verbs. The grade 4's loved teaching the grade 3's what they learnt.



## SWPBS

This week grade 3/4 Jess got to put a piece on the whole school eagle for earning a total of 400 gotcha cards as a class. The students also enjoyed a reward of 10 minutes extra play time. An awesome week of following the classroom matrix for the grade 3/4's. Keep it up

## Grade 4/5/6 with Tayla and Jess

We have had a busy week in the 4/5/6 classrooms this week. With NAPLAN on we switched things up and the grade 6 and 4 students had the chance to work together on some fun activities, including preparing for the parade this Saturday!

Maths focus- This week we worked on ordering fractions with like and unlike denominators.

Literacy focus- We have continued our work on narratives, wrapping up some of our stories and publishing on the computers. Next week we will begin to look at informative texts.

## MUSIC NEWS

This semester Grade Three and Four students have the opportunity to be part of a lunch time circus group. This term we are focussing on the skills needed to spin plates, juggle scarves and use hoops and devil sticks. Next term we will add rola bolas, foot wheels and poi to the repertoire. The program supports students to further develop their attention span, patience, perseverance, self-confidence, balance, hand/eye coordination and core strength. We look forward to sharing what has been learnt at the end of the term.



## PE with Mr Weymouth

Preps: Students will begin to learn their first skill next week which will be the ball bounce. They will learn the correct technique to try and keep control of their ball while bouncing.

Grade 1-6:

Students have begun learning different athletics events. We have focussed on long jump to begin and will continue to learn the techniques for different events like shot put, discus, high jump, triple jump and hurdles.

March 24<sup>th</sup> is National Ride to School day, we would love to see as many students riding their bike or scooter to school on this day. (poster attached if you can fit it in)

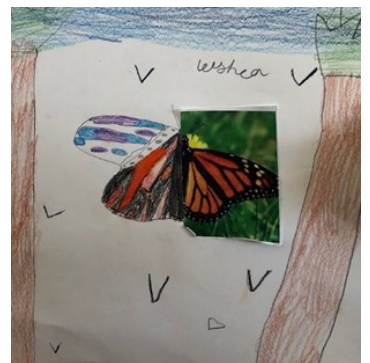
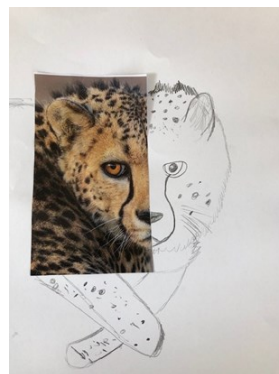
## Art with Jasmine

Preps have had more fun exploring shape and colour this week.

1/2s enjoyed doing a drawing exercise this week – using the outline of their hand and their imaginations to make a creature. They used lots of detail – adding claws, hair, horns, eyes to create some wild looking creatures.



3/4s used a small section of an animal photo to create begin a drawing. They thought about and sketched the different types of environments that these animals would live in.



4/5/6s were enthusiastic to complete their charcoal self-portraits this week. It was wonderful to see how unique each portrait turned out. Well done 4/5/6s!





## Sleep Health for Students

While we know sleep is essential for good health, research shows that many children and young people are not getting enough sleep on school nights. This can affect thinking, concentration, memory, reaction times and mood.

Research shows about 12% of primary school-aged children, a quarter of 12- to 15-year-olds and half of 16- to 17-year-olds don't get enough sleep on school nights. The recommended amount of time to sleep for primary school-aged children is 9 to 11 hours. For teenagers, it's 8 to 10 hours.

Signs that your child is not getting enough sleep can include:

- low mood and irritability during social interactions
- reluctance or arguing about getting off devices and going to bed
- falling asleep during the day
- difficulties waking up for school and sleeping in late on weekends to catch up
- changes to communicating or interacting at home.



You can help your child to improve their sleep by:

- establishing a regular sleep pattern and consistent bedtime routine
- supporting them to avoid using electronic devices such as smartphones before going to bed and in bed
- encouraging your child to exercise and spend time outside in daylight, steering clear of vigorous activity in the hour before sleep
- encouraging them to wind down and relax before going to bed.

If your child is still having trouble sleeping, has persistent problems with low mood, excessive daytime sleepiness, restlessness in bed, severe snoring or waking up unrefreshed, despite getting adequate length sleep, they should see a doctor.

For more information on sleep health, you can refer to: • Sleep tips for children and Facts about sleep for parents and school staff, from the Sleep Health Foundation • Why sleep is so important, from the Kids Helpline's • Sleep explained, from the Better Health Channel.

## National Ride2School Day

Eaglehawk Primary School is excited to be celebrating National Ride2School Day on Friday 24 March 2023.

National Ride2School Day is the perfect opportunity to establish new healthy habits and promote the many benefits of active travel.

On Friday 24 March, we encourage all students and their families to leave the car at home and give riding, walking, scooting or skating to school a go.

For more information about the day and its benefits, search National Ride2School Day.





## Victorian Premiers' Reading Challenge

The Victorian Premiers' Reading Challenge is now open and Eaglehawk Primary School is excited to be participating. The PRC application offers a range of exciting features including:

- access to a library catalogue (including book images and blurbs)
- a modern user-friendly interface
- rewarding students with badges as challenge milestones are achieved
- the option for students to mark books as a favourite, give them a star rating or complete a book review

The Challenge is open to all Victorian children from birth to Year 10 in recognition of the importance of reading for literacy development. It is not a competition; but a personal challenge for children to read a set number of books by 8 September 2023.

Children from Prep to Year 2 are encouraged to read or 'experience' 30 books with their parents and teachers. Children from Year 3 to Year 10 are challenged to read 15 books.

All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and former Premiers.

To read the Premier's letter to parents, view the booklist and for more information about the Victorian Premiers' Reading Challenge, visit: <https://www.vic.gov.au/premiers-reading-challenge>



## Put Your Hand Up For Refugees

2023

**Bendigo Churches  
& Bendigo RAR**

**Palm Sunday  
Gathering and Picnic**

**April 2nd**

**12.30 – 2.00 pm  
Bendigo Library Gardens**

**Justice for refugees.  
Permanent Protection for All.  
End Offshore Processing.**

You are invited to assemble from 12.00 noon, to converge on the Library Gardens by 12.30 pm.

- At:
- Sacred Heart Cathedral
  - St Killian's Catholic Church
  - St Andrew's UCA
  - St Paul's Anglican Cathedral
  - Outside Dudley House, View St.
  - Or come directly, if you prefer.

**There will be activities for children. You might like to bring a picnic lunch.**

**rap**  
BENDIGO  
Further info: Ken Rookes  
[ken@kenrookes.com.au](mailto:ken@kenrookes.com.au)



# Staying safe from mosquitoes

Recent wet and warm weather has increased mosquito breeding. Mosquitoes can carry diseases that may be passed on to people through mosquito bites. A range of mosquito-borne diseases have recently been detected in mosquitoes in northern Victoria. Mosquito-borne diseases can cause serious illness, including infections of the brain.

## The best way to prevent mosquito-borne diseases is to avoid mosquito bites.

In line with community health advice, families can protect against mosquito bites by:

- using insect repellent that contains picaridin or DEET on all exposed skin if outdoors when mosquitoes are observed, from October to March
- wearing long, loose-fitting clothing outdoors if possible if mosquitoes are around and covering exposed skin as much as possible. At school, It is recommended that students wear repellent on skin not covered by school uniforms. Summer school uniforms, including polos and shorts, can continue to be worn, but students should use insect repellent on exposed skin if mosquitoes are active
- limiting outdoor activity when mosquitoes are active.

Further information

A [handy guide](#) to help protect you and your family from mosquito-borne disease

Better Health Channel [information about preventing mosquito-borne diseases.](#)

## What our school is doing to stay safe

This term, our school will make insect repellent (pictured) available for students to use when they spend time outside.

Please let your child's teacher know as soon as possible if your child has an allergy to DEET or picaridin or you would prefer your child not to access repellent, and we will encourage them to use other mosquito protection measures.



On the advice of the Department of Health, outdoor areas will be treated with a thin insecticide spray to reduce mosquito activity on the school site. This work will be undertaken by an experienced professional.

Similar treatments are commonly used in many public settings and when used according to product manufacturer's instructions, are safe, effective and not harmful to children.

**Sunday 19<sup>th</sup> March 2023**  
**11 am - 3 pm**  
**Activities for the Whole Family**



Chocolate  
Treasure Hunt  
@11am



**Rides, Climbing Wall**  
**Archery, Slot Cars**  
**LEGO bricks**  
**Soccer, Hockey, Football, Table tennis**  
**Bowls, Baseball**  
**EH Fire brigade activities**  
**Tattoos, Hispano activities**  
**Story telling, Roller Derby fun**  
**Belly Dancing**  
**Painting in the Sound Shell**  
**And the animals are back from the fabulous -**  
**Animals 2 U**

BBQ & drinks provided by EH Scouts & Eaglehawk Y's Men for small cost or bring your own picnic.  
Enquiries: Mary Preston 0434 769 862

**All activities are FREE!**



### Smile Squad is coming to this school

The Smile Squad team from Bendigo Health are coming to our school in early term 2. Smile Squad is the Victorian Government free school dental program. This means all students can get a free dental check-up, preventive services, and treatment at school.

#### How to access free dental care

We need your consent before we can provide services. Consent is usually provided by a parent or guardian.

Sign up to Smile Squad at: <https://bit.ly/smilesquadvic>

OR use the below QR code:



Please complete and submit the consent form by **Thursday 6<sup>th</sup> April 2023**.

Paper copies of the consent form are available. Please contact the school office if you would like to request one.

The electronic consent form can be translated into more than 100 languages, and the paper form is available in 13 languages.

#### Smile Squad dental packs

All children deserve a healthy smile, and the Smile Squad free school dental program is working hard to help make sure this happens.

Once your child returns their dental permission forms they will soon receive a free dental pack to bring home, if you complete your form online please let the school know. The dental pack contains a toothbrush, full sized toothpaste, and an oral health brochure. Please take the time to read the brochure. It's full of helpful hints and tips to help your whole family eat well, drink well and clean well – for life.

Smile Squad provides standard strength fluoride toothpaste that is generally used by ages six and over, unless recommended by a dental or trained health professional.

If your child is under six, please talk to a dental or trained health professional to find out if your child might benefit from using this toothpaste. You can also choose to put the toothpaste away until they turn six or give it to someone else in your family to use.

#### Do I need to attend my child's appointment?

No, you do not need to attend your child's appointment. You can attend if you would like to, and you can take your child to the community dental clinic if you prefer.

The Bendigo Health Smile Squad team look forward to seeing you soon.

The Bendigo Health Smile Squad team look forward to seeing you soon.





## ENVIRONMENT & SUSTAINABILITY UPDATE

### *A 'Nude Food' Lunchbox*

**WHAT IS NUDE FOOD, AND HOW DO YOU GO ABOUT PACKING KIDS OFF TO SCHOOL WITH A DELICIOUS LUNCH BOX THAT SUPPORTS A HEALTHY PLANET? HERE ARE SOME TOP TIPS TO UNPACK THE TERM 'NUDE FOOD', ALONG WITH SOME TASTY LUNCH-BOX IDEAS TO GET YOU STARTED.**

**NUDE FOOD SNACKS DON'T HAVE TO BE TRICKY! HERE ARE A FEW SIMPLE IDEAS THAT ARE SUPER TASTY, WHOLESOME AND EASY TO THROW IN THE LUNCH BOX.**

**FRUIT, SUCH AS APPLES, BANANAS, GRAPES, PEACHES, NECTARINES, APRICOTS OR PLUMS.  
BERRIES, SUCH AS STRAWBERRIES, BLUEBERRIES AND RASPBERRIES.  
CUBES OR SLICES OF CHEESE.  
CUCUMBER, CARROT OR CAPSICUM STICKS.  
BOILED EGGS.  
WHOLE MEDIUM OR CHERRY TOMATOES.**



## **SPECIAL LUNCH - FRIDAY 24TH MARCH**

**\*\*Please detach and hand this slip with payment into the office by Thursday 23rd March 9am.**

**This weeks Special Lunch is Spaghetti**

Student Name	Class	Spaghetti \$3	Prima Apple/ Sunshine Punch \$1	Snack Bar \$1.00	Zooper Dooper \$1.00	Total
1.						\$
2.						\$
3.						\$
4.						\$
5.						\$
					Total Enclosed	\$

## Student of the Week

Class	Student of the Week	Attendance Award
Prep Monique & Sophie	Learning Award - Timmy M for having a go at writing his sentence independently. Timmy has been writing words he knows (I, to, my) and slowly saying unknown words (e.g. come) and recording the first sound he hears (e.g. c). Well done Timmy!	Zane N
Grade 1/2 Amber	<b>Value Award:</b> Phoenix M – For being a caring member of 1/2 Amber by always considering the needs of others in the classroom. Phoenix can often be seen offering to tie the shoe laces of others in the class and helping out a friend in need.	Kasey H
Grade 1/2 Ellie	Learning award – Sage B – awarded this weeks learning award for her outstanding work in our writing sessions. Sage tries her best to write as many sentences as she can, using her practice page to use different strategies to spell words. Excellent work, Sage!	Savannah S
Grade 3/4 Jess	Miley D for seeking help when she was unsure during Maths this week. You worked hard to solve the questions. Keep up the great work Miley	Bee Bee Ku
Grade 3/4 Stacey	<b>Learning Award:</b> Shae B for always sharing and contributing her ideas to the class in reading and writing lessons. Keep up the great work	Lachlan H
Grade 4/5 Tayla	Learning award- All year 5's! Well done on completing your NAPLAN tests this week! You all put in your best effort! Great job team!	Samantha T
Grade 5/6 Nick	Ethan L Learning: When face with challenging maths problems, he attempted it	Hser Ner Moo

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